



Horsham Gymnastics Centre

Gymnast & Member Responsibilities & Codes of Conduct.

As a Gymnast and member of the club you play an important role in the successful and enjoyable participation of the sport. Good conduct is necessary to ensure that you have fun, be happy and stay safe.

Your responsibilities are:

- To follow and abide by the club rules and train and perform within them.
- Be ready to start your class on time allowing enough time to enable you to go to the toilet and to wear appropriate clothing, all long hair tied back and remove all jewellery.
- At all times show respect and understanding for the safety and welfare of others.
- Participants should treat all equipment with respect.
- Participants should inform their coach of any injuries or illnesses they may have prior to warm up.
- Publicly accept the coaches and officials judgments.
- Members should not eat or chew gum during a session.
- Ensure appropriate use of language is maintained at all times.
- All participants must remain with their coach until their parent or guardian comes to collect them.
- Ensure you are aware and can identify the Welfare Officers in the club.
- If you would like to raise a concern you should contact the club welfare officer. If you feel you are unable to discuss this concern with the Club Welfare Officer you should contact the regional Welfare Officer for advice. *South East Regional Welfare Officer: Lynn Potter 07739512206*